



Denture Care

NOTE:

- New dentures require an initial adjustment period. Be patient and allow time you're your mouth to become accustomed to the dentures.
- If you notice a change in the fit of your dentures, contact our office. Your denture fit should be checked periodically as recommended by your dentist.
- If your denture breaks or a problem arises, don't try to fix it yourself. You may further damage the denture or cause harm to your jaws.
- Regular oral health checkups as recommended by your dentist will detect minor problems before they develop into major concerns.

Patient Name: _____

Care Instructions:

By following a simple daily routine, your new denture can last a long time.

Full denture:

1. After each meal, rinse your denture under running water, then rinse your mouth before replacing the denture.
2. Clean your denture thoroughly at least once a day (evening is preferred) using a denture brush or soft nail brush and toothpaste to remove plaque. Soaking dentures in cleaning solution overnight is not enough to remove plaque. Brush between teeth and also brush the surfaces that contact the gums.
3. Rinse the denture under running water and store it overnight in a glass of normal tap water to prevent drying and brittleness.

Removable partial denture:

1. Clean your partial denture thoroughly with a toothbrush and toothpaste after each meal.
2. Brush between the teeth, surfaces that contact the palate, and give special attention to the portions that come into contact with your own teeth.
3. At night, brush your own teeth and store your partial denture as directed by your dentist.

Fill in blanks:

1. Recommended cleansers _____.
2. Follow-up appointment _____.
3. Special instructions: _____.

CALL US IF YOUR MOUTH OR GUMS BECOME SORE OR INFLAMED!

DO:

- Rinse and clean as directed.
- Clean denture over a container of water. If denture slips from hands, the water can help prevent breakage.
- Massage gums with a soft toothbrush when dentures are out. This helps maintain healthy gums.

DON'T:

- Use soap powder, detergent, products, household cleaners, bleach or alcohol for cleaning or soaking denture.
- Use hot or boiling water on your dentures.

I acknowledge that I have received and understand the above instructions on the care of my denture. I have also been informed of the necessity for periodic dental examinations to monitor my dental health.

X

Patient's Signature

Date