

## Fluoride Test Kit Information

It is important to have your well water tested for fluoride content. Fluoride is naturally occurring in groundwater and therefore may be in your well water in trace amounts, adequate amounts or even excessive amounts than the recommended level. It is wrong to assume that well water has no fluoride. The best way to be sure your child is receiving the appropriate amount of systemic fluoride is to have your well water tested for fluoride content.

We work with The Fluoride Service at the UConn Health Center. To get your well water tested please do the following:

Mail check for \$20.00 to:

The Fluoride Service  
C/O UConn Health Center  
Department of Pediatric Dentistry  
263 Farmington Avenue  
Farmington, CT 06030

Make check payable to UConn Health Center. Include your name, address, and phone number on check.

The Fluoride Service can be reached at (860) 679-2805 for any questions.

Once you receive your results, we will then make the appropriate recommendation for fluoride supplementation using the following dosage schedule:

	Concentration of Fluoride in the Water		
Patient's Age	Less than 0.3 ppm	0.3-0.6 ppm	More than 0.6 ppm
0-6 months	0 mg F	0 mg F	0 mg F
6 months-3 yrs.	0.25mg F	0 mg F	0 mg F
3 yrs. – 6 yrs.	0.50 mg F	0.25 mg F	0 mg F
6 yrs. – 16 yrs.	1.00 mg F	0.50 mg F	0 mg F